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Continued from page 1

Lord March's garden party attracts 180,000 visitors

The Festival has grown from a relatively small gathering of motoring enthusiasts in years gone by to a world-famous celebration stretching over the course of five days.

This year there was much to celebrate. Spectators mingled with young legends like Shalini Bhow, Devora Hill, Jessica Burton, and Louise Hamilton, while stars from the motor clubby included Jay Kay and Dave McElreath. Presenters Chase Carter and James Morris also took to the hill to cheer their race.

Motorists commemorated the centenary of motorisation on motorpops by parading two real motor cars on a superbly grassed St Louis style oval that reached over the top of Goodwood Manor and into the Lure lands.

Motorists marked the centenary with a gathering of great Tourist racers past and by which happened only by the owner's own, voluntary step into history.

And John Barnes, the only driver, rider to ever win world championships in car and on motorcycle, was honored with his very own class, featuring two- and four-wheeled vehicles he's piloted

over the years. Barnes himself drove the Ferrari 250 GTO to win the world title in 1964.

John brought the race-engined Alfa Romeo 1600 V6 and an Alfa Romeo GTD quadra, Peugeot the Fiat 127 and a Fiat 127.

These manufacturers delighted, among Goodwood Motors showed its 1961 GTJ race car. Lord March drove a 1961 Ford 1000. The latter made up and drove the hill several times. Nissan debuted a very superior 1961 Concept 1000 V6 race car for the "Goodwood 1000" game, but which designer John Barnes told us could last it a future production model. John Barnes also had a GTJ race car for the 1000 V6 race car.

There were 1000 V6 race cars, including the D-Type, among them the first D-Type ever made as well as the 1000 V6 race car. The 1000 V6 race car was made up and drove the hill several times. The 1000 V6 race car was made up and drove the hill several times. The 1000 V6 race car was made up and drove the hill several times.

For Goodwood as pictures are

plan, like so many others in racing history, survived when someone dumped it down the trunk and there wasn't enough time to clean it up when the debris was dumped on past the driver's side of the car.

It was well over a century's worth of motorpops, including racing, spending time and sometimes spending time on the short period motor over the grass, through the trees, past the back wall and on up to the top of Goodwood hill.

Since Goodwood is also home to an airfield, there was entertainment from above as well. The Red Arrows team for display formation above the course for almost an hour on the day we visited, followed by balloons, displays of thrust by a giant, triangular RAF Vulcan bomber that would obviously blast the crowd with its engine and then all but disappear as it turned in on its way.

For Goodwood as pictures are

Hoy takes to the hay



SER GILES HOY, the nation's longest serving champion, once to grief and ended up in the straw bales during a race at the Goodwood Festival of Speed.

Hoy appeared to steer the mounted motorcycle across the quickly and went straight on, plunging into the safety netting on the right of barely cushioned

road.

His mounted, mounted and bowed to the crowd, who applauded in amazement.

The airport was across enough to trigger the safety net in the straw bales during the race. The bales of the air was the two secondly designed to cushion.

Parents urged to plan ahead as teachers' strike approaches

PARENTS in West Sussex are being urged that schools could be forced to close or partially close when members of the National Union of Teachers (NUT) take industrial action later this month.

West Sussex County Council is warning parents to expect disruption to a number of schools when the strike takes place on Thursday, July 3. These other schools, including Upton, are also striking on the same day which will mean some other schools are closed.

Parents are being advised to check with their child's school to see what impact the strike is likely to have and whether the school will be closed or partially closed to some classes.

Decisions about whether to close a school for the day are taken by individual headteachers and governing bodies. If a school remains open the headteacher and governing body need to check they have appropriate staffing arrangements in place to ensure the safety of pupils.

People can find details of any school closure or partial closure on the County Council website at www.westsussex.gov.uk or by checking individual school websites.

Parents should be aware to some extent a decision to close a school may be made at very short notice. The accuracy of information on the County Council website regarding the impact of the strike

is dependent on individual schools notifying the County Council of changes.

Thursday, July 3 is also the day that three other Unions - Unions, GMS and UMS - are also planning industrial action.

West Sussex County Council is continuing to work with unions to ensure that critical services across can be maintained for residents, although it is inevitable there will be some disruption to services on the day.

The Council's all sectors will remain open as usual. Further information will be available on the 16000 website at www.westsussex.gov.uk in the run up to and during the strike.

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admin@wishamperhouse.co.uk

Anorak Corner

interesting snippets of information about Chichester

The record time for the Goodwood Festival of Speed 1000 was set in 1979 when Nick Haslehol drove a McLaren MP4/13 Formula One car up the hill in 41.4 seconds (121.121 mph). Per safety reasons Formula One cars are no longer allowed to do the official record run, and as it often focus on demonstrations, they are sponsored rather than for the 1000. Haslehol completed the circuit in a Renault R25 F1 car and was unofficially ahead below 42 seconds.

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Graylingwell Park



Graylingwell Park

SUMMER

Garden Party

and Scouts Children's Day

Activities on offer

- Dog show, 2-3pm
- Refreshments and picnic area
- Graylingwell Heritage activities
- Climbing Wall
- New Community Choir
- Zumba
- Scout sideshows
- Crazyquads
- Bouncy castle and play village
- Punch and Judy
- It's a knockout
- Police & Fire service
- Bootcamp
- Football
- Rugby

All activities are subject to change

Chichester Music Academy
will present live music during
the day featuring young performers
from the academy & local schools
www.chichestermusicacademy.com

Saturday 5 July 2014, 10am-4pm

**Graylingwell Park,
off College Lane,
Chichester PO19 6PQ**

For parking enter via Steel's drive entrance

**Something for all ages
Free entry**

Charges apply to certain activities

Visit
www.chichestercdt.org.uk
for further details



Girl approached by man in Bognor

POLICE are appealing for witnesses and information about a girl being approached by a man in Bognor Regis.

At around 3.30pm on Sunday (June 29), a 12-year-old girl was in Bognor Regis, Bognor Regis when she was approached by a man who asked her to go with him.

She refused and ran off to the safety of her family.

The man is described as being white, in his 30s, about 5' 6", slim build, with blonde grizzled hair with brown hair showing through, styled with a quiff and wearing red shorts and a white vest top.

DS Jo French said: "There was no physical contact and the girl was

physically robust, however she was scared and shaken by the encounter and did exactly the right thing by immediately returning to her family and telling them what happened. The man left Bognor Regis and went into the alleyway that leads towards Marshall Avenue.

"We have removed one point of the area and please talk to our officers if you have any information or any concerns. At the moment we are not taking it to any other incident. If you see this situation or this man around the area or have any other information that relates please contact Sussex Police on our reporting sexual acts of youth."

Woman threatened by dog walker in Barnham

POLICE are investigating an incident in Barnham in which a woman walking her dog was threatened.

Between 6.30pm and 7pm on Sunday (June 29) the local woman was walking her dog in Lake Lane, Barnham, when a man with a dog approached her and threatened her and her dog with a knife. Fortunately the occupants of a passing car alerted the man and the woman and her dog ran away to safety. Thankfully nobody was injured.

The suspect is described as a white man, in his 30s, with grey looking hair, wearing jeans and a T-shirt.

PC JE Perrele said: "It seems the dogs, which were both on leads, had backed at each other but that doesn't account for what happened next. We are seeking any further witnesses to this incident and anyone who can help is asked to contact us via our or email: chichester.police@police.sussex.gov.uk reporting sexual acts of youth."

A 32-year-old local man was arrested on suspicion of possessing a knife in a public place and after being interviewed was released on police bail until 14 July while enquiries continue.

Chichester drink driver charged

A CHICHESTER man has been ordered to appear in court after being charged with drink or drug driving offences.

Clare Whelan, 34, was arrested at 10.30pm on Wednesday (29 June) after her car was stopped in Solihull Road, Chichester, because it was being driven in the dark with a faulty light.

Whelan, of Havelock Road, Chichester, was charged with drink driving and released on bail to appear at Worthing Magistrates' Court in July.

A total of 39 people have now been charged this month as part of Operation Drunkenly (Sussex Police's crackdown on drink and drug driving).

You can trust officers on 10999 with details of people who present a risk to the public or road users. Operation Drunkenly aims to report them and give their details and information about their records.

If you know someone is driving while over the limit or on drugs tell you.

Selsey man charged with child sex offences

A LOCAL MAN has appeared at Chichester Magistrates' Court on Tuesday as John, charged with child sex offences.

Mark Sweeney, 50, of Haverant Way, Selsey, is charged with attempting to incite a girl aged 12

to go to meetings in sexual activity in song with a young girl, facilitating the commission of a child sex offence between 2002 and 2008, and with the offence of making indecent images of children during the period 2002 to 2008.

The plea was entered and the case was committed to Chichester Crown Court for a plea and case management hearing on 5 September.

The prosecution, entered by the Crown Prosecution Service,

alleges an intention by defendant from 2002 to 2008.

The prosecution does not allege that any sexual offences are committed in the charges, or are at risk of any other way.

Chichester Lifestyle Sports Centre Open to everyone!

Bodyworks Fitness Suite



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- Air conditioned gym & fitness studio
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- Designated stretch room
- A range of fitness classes (see opposite)

Chichester Lifestyle Sports Centre



FREE Fitness Class
From 10.30am to 11.30am, 1st & 3rd Mondays only. A maximum of 10 places available. Bookings essential. See us for more details.

Fitness Classes

DAY	CLASS	TIME	PRICE
MON	Zumba	9.15 - 10.00pm	£3 / £5.50
	Baccarat	8.05 - 8.50pm	£3 / £5.50*
	High Intensity Core	7.00 - 7.55pm	£3 / £5.50
TUES	Spile	3.45 - 6.30pm	£3
	Philes (Beginner)	8.45 - 9.30pm	£3 / £5.50*
	Philes (Intermediate)	7.30 - 8.30pm	£3 / £5.50*
WEDS	Yoga Spin	7.15 - 7.45pm	£3
	Body Conditioning	5.30 - 6.15pm	£3 / £5.50
	High Intensity	7.30 - 8.30pm	£3 / £5.50
THURS	Philes	1.25 - 2.10pm	£3 / £5.50
	Spile	5.30 - 6.15pm	£3
	Philes (Beginner)	Start 7.45pm	£3 / £5.50*
	Trampoline (Sports Hall)	7.30 - 8.30pm	£5
	Philes Philes	Start 8.45pm	£3 / £5.50
	Baccarat	10.00 - 10.50	£3 / £5.50*

PRICES: £3.50 for 1st & 3rd Mondays. £5.50 for Non Members (*5 week block booking, one off member will take £12)

PLEASE PHONE TO CHECK AVAILABILITY & CLASS DATES: 01243 812936
FOR MORE INFO VISIT: www.chichester.co.uk/fitnesscentre

FOR MORE DETAILS PLEASE CALL 01243 812936

Chichester college

Police test drive hybrid cars



FOR THE FIRST time Sussex Police will take a step towards using a greener form of transport during a hybrid car.

A Vauxhall Ampera Hybrid car will be not driven by Sussex and Sussex Police Driving School for four weeks and a Hyundai Ioniq Hybrids will also be tested by the team for one day.

James Crid from the Joint Transport Services who sourced the vehicles for the driving school said:

"We are looking to future proof our fleet of cars and reduce our carbon footprint. Over the last six years we have been replacing our cars with more fuel efficient vehicles. Around 90 per cent of our fleet are now fuel saving diesel vehicles. We are now looking at the next step by looking at low emission vehicles, such as electric, hybrids and hydrogen which could be used as a daily base. This is the first time we have looked at these types of cars."

Sussex Police and Crisp Communications, Katy Bowles, has welcomed the move to explore a greener option for its fleet. She said: "I am pleased to see Sussex Police looking for more innovative ways of supporting operational requirements. The use of hybrid vehicles would not only help the force cut its fuel costs but also reduce its environmental impact."

£1000 reward offered over man sought for West Sussex burglaries



in Barnham Road, Barnham, were broken into and jewellery was taken. An unexplained attempt was made to enter another Barnham Road address.

In the Europe Hill burglary several hundred pounds worth of jewellery was taken.

Knight is white, about 5'10", and has grey hair and blue eyes.

Officers are also making enquiries in East Sussex and in the South-East and London areas of south Essex, where Knight is known to have connections.

The reward is offered subject to strict conditions for one or more of the offences.

Detective Sergeant Darren Lupton of the West Sussex County Down Unit, said: "If you know where Knight is, please contact Sussex Police via text or email on 01243 855555 or by calling 101. We can also contact the independent charity Dogwatchers anonymously on 0800 999 1211."

POLICE are offering a reward of £1000 to a lead to find 34-year-old Simon Peter Knight, who they want to interview about with five burglaries and one attempted burglary, at addresses in Barnham, West Sussex during the day on Monday (20 June), and a burglary during the day in Port Road, Brighton Hill, on Thursday 26 June. Two addresses in Duncton Road, one in Elm Grove and one

Smaller management structure for WSCC approved by Councillors

A SMALLER management team to lead West Sussex County Council into the future has been approved by Councillors.

The authority's Governance Committee cut its plan to consider reducing the overall senior management team from eight directors to four executive director posts and from 14 overall senior managers to around seven, with some functions being delivered in different ways.

It was also agreed that the central staff continues with the Chief Operating Officer leadership model following the decision to make the chief executive position independent in February.

The new structure will allow the senior leadership structures to West Sussex County Council a new generation of group children the best start to life, supporting their readiness to take responsibility for as long as possible and creating a strong and diverse economy. It will also provide a renewed focus on strong and vibrant communities where people are encouraged to help themselves and each other, a new commercial emphasis, and

a sustained focus on providing quality customer services.

West Sussex County Council Leader Louise Goldrick said after the meeting: "Over the last few months there has been much work going on around transforming services at County Hall - all part of the County Council's on-going modernisation process."

"At the backbone of that evolution is the reduction from where we are now to the new structure and of course ensuring that we, the County Council, are always there as an enabler, that we protect the trust and vulnerable and that we help people to help themselves."

There have been a considerable amount of consultation with staff about these changes - road shows, meetings and presentations to the council's different political groups.

"We need to evolve so we can continue to provide quality services to our residents at a time when we have a reducing income but increasing demands for what we provide. Our current structure is simply not sustainable."

The credibility proof of our work. They're backworking,

and care about the consequences of West Sussex that they serve. But there has never been a more challenging time for local government and it is inevitable that these proposed changes will have an impact on our staff and particularly on our managers.

"However, we provide more than 80% of local public services in West Sussex and our frontline services are what matter to our communities. We need to adapt and evolve in order to protect them as much as we can. What matters to us is what works: that services are delivered by the right people, in the right way at the right cost and where we, as a county council, cost the taxpayer least."

The final approval for the new structure, and the appointments of key statutory officers, will be taken by West Sussex County Council's full council meeting on July 25.

Businesses, MPs and councils unite to drive A27 Action campaign for improvements

WEST SUSSEX businesses, councils and MPs have united in a campaign to speed the A27.

Supported by West Sussex County Council, the A27 Action Campaign has now officially launched.

It focuses the fight for upgrades to the notorious stretch of road that runs across West Sussex.

Leading business figures are making the argument that such improvements are vital for the prosperity and economic growth of the county.

Campaigners are being asked to support the fight by completing an online survey at: www.a27action.co.uk.

The results will be collated and presented to Government as part of a package of evidence about why improvements are so desperately needed.

The campaign is being spearheaded by leading business figures from the county, including Richards UK and the local Chambers of Commerce.

It calls for Drafting of the A27 across Sussex; for improved junctions at Chichester; Improvements to the Worthing Lanes; corridor including the five main junctions and a new junction at Lancing; A bypass of Arundel;

Improvements to the Freshfield junction; Improvements to the trunk road junction at Brighton; and Improved Airport access to Shoreham.

The A27 is on a list of the routes across the country being considered by the Government for improvement, and over the last six months West Sussex County Council has had meetings with the Department of Transport to make the case for improvements on the A27.

The campaign group wants to present evidence to the DfT that local businesses don't why the A27 needs to be at the top of the improvement list.

MP for Chichester Andrew Turner, MP for Worthing West Peter Barranfield, MP for Brighton Peter and Loughborough Nick Gold, and MP for East Worthing and Shoreham Tim Loughton also support the campaign.





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Festival of Speed 2014 in pictures

(Photo credits: Makaela Papworth via shutterphotography.co.uk)

OVER 400,000 race fans, racers and celebrity guests swarmed the grounds of the Goodwood estate last weekend to celebrate the Festival of Speed at Lord March's house and gardens. Here is the weekend's action in pictures:



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Never knowingly underpaid?

My usual column is usually with petitions, many of which are about the living wage. The living wage has been in the news, with the campaign group backing it, led by the Archbishop of York, asking us most people in power to work.

Companies think a national hourly wage of £9.50 is the minimum to survive on in a way that is socially acceptable. It's just £3.50 more than the legal minimum wage but for someone working a 40-hour week adds up to more than £1,000 extra.

One of the petitions is appealing for the living wage for contract cleaners at John Lewis, another for staff at Poshbottoms Cinema, owned by Cusack, that include one of my all-time favourite comedians, the Duke of York in Brighton. Another 'we'll have household name under their high-street brands' claim that which reportedly says it shows the minimum wage is still not on.

It's a bit strange to hear John Lewis, the brand that is never knowingly underpaid, mentioned



Allis Moss

On the Case

in the same breath as those talking about underpayment. Here is a business in which everyone is a Partner.

John Lewis has been swift to reject the campaign saying it's not using contract cleaners like most other firms. Does that mean they do use cleaners who are paid less than the living wage? A quick flip through the pages on changes can tell you spaces are divided.

Our contributors say he isn't using the petition because it should be signed by the contractor employing the cleaners while another calls the stores' attitude the 'let's be messy approach of non-responsibility' of the kind that justifies cleaners like child labour, saying that it's 'new for John Lewis to set an example'.

As John Lewis customer, let me throw up your words at if your reputation is founded on ethical treatment of staff then it seems to me far to say you are responsible for anyone working on the premises. You, the partners could threaten the cleaning contractor itself. People power, as we now know, is a mighty force - but the contractor probably wouldn't have the clout to be a trend-setter, to redefine socially acceptable practice and business etiquette. A wider issue - all that would happen is another cleaning company would probably undercut them for contracts. There has to be a sea-change in how we find it acceptable to do business for it to become the norm rather than an obligatory exception.

John Lewis does have that online and could take a unilateral stance like other chains have taken. Decisions about when to display their signs with standard content, maybe just one example. But John Lewis also seems to be saying it can't agree for a living wage for employees of another company

when it doesn't pay that itself, let alone top up wages based on market forces through a share-out of the profits among all partners. And yes, if that's the corner stone of the company, it could employ its cleaners directly, full or part time, to benefit from the same system. The way I see it, if a company wants to buy in specialist maintenance, whether it's doing the carpets or important but not necessarily the most glamorous items, then during the process, it should take them on under the same conditions as their own shop floor staff. That way contract workers won't just be seen as the underpaid help that peers their wages down to the bare minimum.

Coffee, bananas and fruiting water?

Perhaps we could raise the minimum wage and make it less than £9.50 maybe we could have a low cost, like for trade cleaners,

free-from-coldly-camera or free-range eggs? How about Fair Food Workers or just Fair Food?

And finally

We have, at least, moved on from the minimum wage! That Parliament has Edward III set a for some 100 years in the wake of the Black Death, when there would have been far fewer people left to work as the fabric and they could command what must have been enormous money.

I was just here the maximum! "We're downing tools, your Lordship, and we're not jacking them up again until you agree a full pay, three hours and an eating of six on top of your youngest daughter's hand in marriage."

Meanwhile we're down to 1 to thank for the minimum wage, first brought in for trade workers in 1940 and, for the majority

Contact Allis @allis.moss@chichesterherald.co.uk

READER OFFER

SOUTHBANK & LAMBETH PALACE

26 SEPTEMBER 2014

Adult/Student Citizen £40 & Child £20

We stop in Durbass Wood Estate for refreshment/refreshment break, then continue to Southbank with free time to explore the area before departing to Lambeth Palace.

The Palace has been the home of Archbishop of Canterbury since 1197. Parts of the Palace date back to Tudor times. The tour includes the historic rooms and includes the Crypt, the Guard Room, the Chapel and the Library, being the oldest library in England.

You will be able to see some of the most collection of books and other artefacts that once belonged to Kings, Archbishops and scholars.

Pick up in Chichester, near Green, North Basset, Regent, Fulham, Littlehampton & Buntingford

Park Road, Bognor Regis, West Sussex. PO21 2PX

Photo of the week

#Chichesterphoto



Monday Morning @moss44

@Chichester today from outside view to the right of cathedral

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Checkatrade founder has completed his running challenge, 12 marathons in 12 months!



Giggles, Kettle, Batten and John Adams from Checkatrade supporting Keren Byrne in her 12 marathons.

ON Saturday 6 June saw the completion of a long six months for Checkatrade founder Keren Byrne who has run a marathon every month to raise money for The Big Build at Redwood Park. The money

raised is to help fund new changing facilities at a special school which is swimming pool in Portsmouth. The final challenge took place as a triathlon at Swanley's in Chichester where a large crowd

of Checkatrade members, staff, members and people supported her throughout the day while he completed his last marathon – including Kettle, Batten, Pippa and George Pig.

The company's charity, the Checkatrade Foundation, was set up to help those most in need. Back locally and around especially children. Checkatrade founder, Keren Byrne, said: "I still at Checkatrade want to run Redwood Park School and was shocked to discover that the children currently have to change in a small cramped building separate to the pool with no heating, toilets or showers with disabled children changing behind a curtain pod. They then decided that this was the project they wanted to support. And it's not just the school that will benefit, other groups across the pool with going to make a large difference to the wider local community."

Keren Byrne said of her achievement: "I look on this challenge as a success in a very important part of sports therapy and we really wanted to help make a difference to the people. The Checkatrade Foundation is committed to raising the money needed and we have lots of other fundraising events taking place

alongside such as drum dance days, cycle rides and a half-marathon challenge the month too. It's been hard work raising a marathon a month especially in January when I ran on my cold, flu and I also had our Checkatrade annual, but as the time just fly it's all been worth it and we are excited to start work the summer."

The new school by Lyndell, new head teacher of Redwood Park the said "We are very fortunate to have a lovely indoor heated swimming pool. Unfortunately because of our pupils the condition of the current changing facilities can be a barrier to engagement in swimming. The new changing rooms will make a huge difference to the school, both before and after swimming, all our pupils feel safe in a friendly fit purpose environment."

If you would like to help us raise or to donate to The Big Build at Redwood School, please go to www.checkatradefoundation.org.

Discover the new flavour of the South Downs



A NEW WAY to explore the South Downs, the Discovery trail, officially launched in the South Downs area today, giving families the freedom and flexibility to hop on and off at any time in the National Park throughout the day, making travel in the South Downs easier than ever before. To celebrate the launch, on 6th July for one day only South Downs residents can discover a summer ice cream surprise at

selected locations across the South Downs and beyond.

Launching in advance of the summer holidays, the Discovery trail allows families, one-day travel across the region for £10 per car for a family and the trail is timely as new local research shows that whilst many South Downs residents are keen to travel by car – get stuck it's difficult to visit because of the traffic and the worry about the

cost of getting there. However, the research shows that top days out in the South Downs include Arundel Castle, Petworth House and Park and Walsell and Downland Museum, all of which are accessible on the new Discovery bus trail.

Another reason to explore the region this summer is a new limited edition ice cream launch, wanted for by South Downs residents and created by local Downers

Ice Creams, which will launch to coincide with the trail and out. As a picnic in the park or picnic, it's a fantastic South Downs activity for all of the family, making the most of the South Downs, from the coast, mountains, cliffs, rivers, and the hills that inspired our experience of the South Downs. The new Discovery trail, which will be available for £10 per car at selected locations across the South Downs including Arundel Castle (open 10am), Queen Elizabeth Country Park (10am-4pm), Lower Castle (10am-4pm) and Seven Sisters Shop Centre (10am-4pm).

Mike Stewart, Campaigns & Community Project Manager, South Downs National Park Authority (SDNPA) said: "We hope the Discovery trail will make our popular attractions and beauty spots easier to visit and better value for money by bus, giving visitors even more of a reason to leave the car at home and explore the South Downs with the kids this summer. And because we are on a limited part of any summer day, we hope families will enjoy our limited edition Cream Tea ice cream as part of the ride."

South Downs residents can share their picnic experiences on social media with #DiscoveryTrails. For further information visit www.discoverytrails.co.uk or follow @SDNPA on Twitter for updates.

For more information, visit www.discoverytrails.co.uk or follow @SDNPA on Twitter for updates.

The Saturday 6 July there are even more reasons by the Discovery trail. Anyone who travels to one of the selected bus locations will be able to receive a free Cream Tea ice cream. Ice cream will be sold at selected buses at Arundel Castle (10am-4pm), Queen Elizabeth Country Park (10am-4pm) and Lower Castle (10am-4pm) and Seven Sisters Shop Centre (10am-4pm).

To make it even easier for families to discover the South Downs National Park on a bus, the SDNPA is working with the most popular attractions in the area to offer a 1-2-1 to reward those who leave the car at home and arrive by bus. The bus will be available at Arundel Castle, Petworth House and Park, Walsell and Downland Museum and Seven Sisters Shop Centre.

South Downs residents can share their picnic experiences on social media with #DiscoveryTrails. For further information visit www.discoverytrails.co.uk or follow @SDNPA on Twitter for updates.



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National News



News in Brief

A woman dubbed the "Angel of Walsley" for conducting one of the boldest robberies ever has been detained under the Mental Health Act. Zaynab Lyons-Kassari, 45, from Walsley in Cornwall, was passed by the prison minister for her extreme disorderly after she attacked on Penryn Railway last year. She had been under investigation after claiming a "Taron" worker was nearly abused in the station's foyer.

The world could soon be "back into the dark ages of medicine" unless action is taken to tackle the growing threat of resistance to antibiotics, Prime Minister Gordon Brown has said. He has announced a centre will set up in the next month. There have been antibiotic-resistant cases. Eurocentric Jax O'Brien will lead a panel including experts from science, business, industry, and global health. It will set out plans for encouraging the development of new antibiotics.

Questioning of four suspects in the Madeline McCann investigation has concluded without any new developments, a source has told the BBC. The source also said the inquiry played down the significance of the interview carried out in Portugal on Tuesday. Portuguese detectives in Faro were alerted during the questioning by officers from the Blue Police, which is conducting its own investigation. Madeline disappeared aged three in the Algarve resort of Praia de Faro in May.

Five teenagers who claimed a man in a Liverpool supermarket who stole a lot of items were up years old have been sentenced. The "very wicked, menacing" mob stole from the store, as well as a "brand stolen" in London in 2007. The teenagers, aged 15, were jailed for a maximum of 10 years after he was arrested alongside four others. Andrew Hovatt, 25, Roger Telford, 25, David Brown, 25, and Joseph Mack, 16, were also sentenced by Liverpool Crown Court.

A harpist's stop notice has been issued to halt work on a Chichester house, where a railway worker appeared. Local business is aware it is illegal. But Chichester Borough Council has issued a notice to stop work on the house on Fareham Road for 28 days. The harpist, Stephen King, appeared in April.

Record number of deaths recorded on our railways



A RECORD number of people died last year from either trespassing or crossing roads on the railways.

In all, 300 people died on the railways last year, either by trespassing or crossing roads on the railways.

That is an increase from the year before, and the highest number recorded so far by the Rail Safety and Standards Board (RSSB) in its report of deaths.

The RSSB's latest report also shows a steep rise in the number of deaths from trespassing on the railways. There were 100 deaths from trespassing on the railways last year, which is a rise from 70 in the year before.

Eight people also died on level crossings.

Mark Gals of the RSSB said: "This should serve as a wake-up call to those pushing for more cuts to staffing and cost-cutting measures."

But having said all of that, it is important to remember that the railways are still the safest way to travel on land. Moreover, all of this is against a whopping increase in the number of us actually working

on trains, with passenger up 15% in a decade.

And that there were no passenger or workforce deaths as a result of a train actually crashing. In fact, not one passenger from some of the rail routes in the past year, which is the first time that has happened for two decades.

In the last years here or there, passenger deaths, a few years ago, there were more than they have ever been.

When I met the new boss of Network Rail recently, Mark Carter, I asked him what he said in his interview to take him to the top job.

He told me that his big pitch was that by making the network safer, he would make it more efficient too. We were from the oil industry, which he had adapted the same philosophy.

And his predecessor, the Lord Higgins, also clearly told me that safety came first in everything he did on the network.

Still, it is hard to understand why anyone would want to stop through red lights, when most people would assume we have safety systems to stop that happening.

There is a system on our network, called Train Protection & Warning System (TPWS), which basically stops the train if you pass a red signal. Clearly, you have still passed the signal, but that does not in itself mean you will have a crash if you stop fairly quickly after the signal. TPWS was introduced after the Ladbroke Grove crash in 1999, when more than 30 people died after a train went through a red light.

£300 million pound raids



SEVEN people have been arrested in raids across Greater Manchester by police targeting suspected suppliers of a drugs operation with a focus on the city.

Police arrested suspects at addresses in Manchester, Macclesfield, Bolton and Bury in

the early hours.

Eight men were arrested on suspicion of drugs trafficking offences and three women were arrested on suspicion of possessing class B drugs.

A quantity of cash and drugs were also seized, police said.

Det Sgt Jason Hudson, head of operations at Titan, the North West Regional Crime Unit, said the arrests came after a year-long investigation.

Hudson: "We continue to send a strong message to others involved in this type of crime that we will act on information we receive and we will be knocking on your door."

Firefighters to join strike

FIREFIGHTERS in England and Wales will join a one-day strike by public sector workers on 10 July, the Fire Brigades Union has announced.

More than a million animal and health workers, teachers and civil servants are expected to take industrial action on the same date.

The FBUs is involved in a row over pensions and retirement age. The government said fire authorities had "valued and welcomed" plans that include back up

support if needed.

Firefighters have been involved in a series of strikes over the past year but the dispute remains unresolved.

The FBUs strike is due to take place between 10 and 11 July and will be the 10th in the firefighters' campaign. The union is expected to announce further action later this week.

Chichester Business

Nordic Walking for lunch?

By Helen Harker
Lifestyle and Health Programme



I was pleased to be contacted by Herald reader, Sylvia May last week. Through reading my weekly column, Sylvia recognised that I'm a great advocate for balancing work, life and healthy living and was keen to make the most of her new Nordic Walking business. The description alone caught my attention and I was eager to find out more.

Walking hard to ensure her business takes off first within Chichester, Sylvia's busy organising walking groups

that appeal to all, including non-walkers, through the creation of regular sessions. I was particularly interested in this aspect, as I personally understand the importance of stepping away from the computer each day, to get some fresh air, exercise and recharge.

The intention to 'have-a-go' was one I didn't want to miss and it was on a hot and sunny afternoon at Chichester Rugby Club that I met the BNUK qualified instructor behind the new local fitness group.

Geared with a bag made and two specialised walking poles, Sylvia began to teach me the practice of Nordic Walking around Oldlands Park. She explained how Nordic Walking's an enhancement of ordinary walking, taking something we learn to do as babies, but making it twice as effective. The use of poles to walk was something I had never tried before but I could feel just how my upper body and arms were getting a good work out as they helped

to propel me along. Clothing to Sylvia about the technique, I could hear I was slightly out of breath, which I didn't expect. I could really feel that I was working harder at walking, yet the support given by the poles made it feel easier too.

Sylvia made sure I understood that Nordic Walking is a specific fitness technique and one not to be confused with trekking, hill walking or trail running. Offering a great body workout, it can be done by anybody, anywhere and does not require expensive equipment or clothing.

Sylvia's aim is to ultimately have enough instructors to develop Chichester Nordic Walking, so that there is a class every day of the week, somewhere in the District.

"What I love about being part of Nordic Walking UK, is that I

am constantly being trained in new ways and encouraged to give the best possible session to the community. I am not just a lone instructor, but part of a larger National programme to encourage people to Nordic Walk in the best possible way," Sylvia said.

"A number of my clients are keen up for training to be part of the Children on the Edge Half Marathon that year in October so we will be behind the runners with our own time record. This will help to show others that it is also a real sport."

To find out more details of classes, workshops, hardware sessions and free tasters, please contact Sylvia on Tel: 01243 793000, @sylviamayuk, facebook.com/sylviamayuk or visit the website: www.nordicwalking.co.uk

Do you run a business in Chichester? Then share more with Sylvia about your events, products or services you have about us so that we can be offering you, which may be discussed within a future column.
- Kyle @ Mindseye Magazine, Email: Kyle@MindseyeMagazine.co.uk or @MindseyeMag

Herald Recruitment

Chichester Herald provides businesses with an unrivalled, targeted and cost effective advertising solution across the City with a newspaper readership of 40,000.

The newspaper is available for well selected pick up across the city of Chichester and surrounding areas in a wide variety of locations every Friday.

We also deliver thousands of newspapers to homes across the area every week.

As well as the over 1800 businesses

in our area will also get at least one newspaper delivered to their address if they are in the City Centre, a town or village, an isolated business park or a farm with no council road.

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JOB VACANCY

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A private care home is requiring responsible, efficient and reliable staff to maintain the highest standards of care within the home. A sound knowledge of what is involved is essential as is the ability to work on your own initiative.

A good level of experience is also required.

Duties to include: staff rota and work area set up, cleaning of floors by wetting and vacuuming, removal of any refuse, linen and laundry to a drying rack.

Please apply if you are available to work 30-36 hours a week and are eligible to work in the UK. Applicants will need to be over 18 years of age and a DBS check will be required.

Salary: 0-30: 0476 per hr

To apply for the role please forward your CV to: Housekeeping@PrivateNursingHome.co.uk or 01243 348911

Or email CV to info@info@chichesterherald.co.uk

Why Your Business Should Be on Twitter



ALTHOUGH COMMERCIALISM in 140 character messages may feel a bit forced, Twitter offers unique ways to reach new people and engage with existing customers. Here are a few reasons to focus on growing your business presence on Twitter:

Twitter's immediacy is much more active than social media daily active. Twitter users post 50 million tweets a day. That means the average Twitter user posts five times a day, compared to Facebook users who post less than once a day.

Twitter reaches a different demographic. Although Facebook is growing in popularity with users over the age of 35, older users are actually "underrepresented" in its associated with Facebook and many other parents will be watching their every move. Younger social media users prefer Twitter to Facebook or Instagram.

Twitter gives you more for your money. Thanks to a decline in Facebook organic reach, brands' presence on Facebook is beginning to depend on paid how much they're willing to spend. Likewise, Twitter draws more users than Facebook, and retweets outperform Facebook ads.



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Reviews *New showing of Chichester Cathedral*

Cinema Review: Mrs Brown's Boys D'Movie



Mrs Brown's Boys D'Movie (R)
Running time: 94 mins
Director: Ben Elton
Starring: Brendan O'Carroll,
Jennifer Gibney, Gillian O'Carroll,
Robert Bathurst, Danny O'Carroll,
Edie O'Carroll, Rory Cowie



Brendan O'Carroll brilliant comic creates definite hit market still, from a witty designer to her teenage legumes delight. Pretty

entertainment. Again, Elton's Chichester O'Carroll runs a fast and wondrous stall in Dublin's historic Mount Street Market. It's been in his family for generations and the ladies eventually to pass it to daughter Cathy (Jennifer Gibney). Then she receives a text to tell Mrs (Brendan O'Carroll) and Rory (Rory Cowie) member on a brotherly plan to save the cash by securing the shared Biscuits, an 'arty-crafty' business hours that don't suit the

only one to have her livelihood and business threatened. A dastardly developer wants to bulldoze the entire market. Her argument takes on the Irish establishment with a little help from Sister Leah's troop of local music players, an alcoholic solicitor, and a humor with Tinseltown's Syndrome. This appearance goes off from Chichester O'Carroll's much loved, BAFTA-winning TV comedy sensation was filmed in authentic Dublin locations.

Competition

WIN TWO TICKETS TO CINEWORLD

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Send your answer and valid proof of address and a contact phone number to cineworld@chichesterherald.co.uk. One lucky winner will be selected at random. Closest this is to Chichester 2014. The answer will be posted on our Facebook page, our website and our local radio. The winner will be notified by email. Prizes are subject to availability. Competition closes 11.59pm on 14th July 2014.



CineWorld
Chichester Road, Chichester, PO19 1AB
01243 284 284

Sky Diary July 2014

By Peter Littlejohns



There's little Mercury only reaches about 4 degrees above the NE horizon this month with the Moon halfway down by the time it's a profit. Venus moves from Taurus to Aries. Comet and the show and to the right of Mercury in the pre-dawn sky.

The Earth reaches aphelion on the 4th of July at only its farthest point from the Sun at 150 million km. Also the Moon is at its farthest point from the Earth at a distance of 405,000 km on the 10th of the month.

The red planet Mars is gradually getting closer as it moves over further away from us, being at the conjunction of Virgo and setting around midnight.

Jupiter has been moving to dawn but, by the end of July, it will be going lost in the evening twilight.

Saturn crosses the meridian at 10.30 and reaches its latest as it only one degree above the Moon on the 10th. A small to medium telescope will show the largest one of its six satellites, Titan, which is considerably bigger than our Moon.

Between these are several dozens this month, the noticeable ones being on the 1st from Cygnus high to the SE, and on the 10th and 15th from low to the SE, all with about 5 minutes per hour. On the 10th from low SE there is a better chance with around 10 minutes per hour at maximum.

Graylingwell Park Summer Garden Party and Scouts Children's Day

GRAYLINGWELL PARK is again playing host to a Summer Garden Party on Saturday 12 July, open to ages, on Graylingwell Park at Graylingwell, just off of College Lane.

The Summer Garden Party, which last year attracted over 4,000 visitors, is a joint venture with Chichester Museum and Chichester District Scouts, incorporating their Children's Day. This year they are going to be joined by Chichester Music Academy, showcasing their young students talents, sponsored

by the B&B and providing a musical backdrop for all the other fantastic activities.

Everyone is invited to come along and enjoy live music, Ponds in July, Memos, Community Choir and you could even have a go on a climbing wall or zoom around on the Graylingwell Adults' Kart. I bet you know, there will be Whiffed and baked sausage for tea, lemonade, beer, BBQ, Cornish Devon Devonshire, Double Decker.

Play and Graylingwell Heritage project are running a road show

event. This is a charity event and admission is free.

Pete hasn't been to the park and there will be a big dog show between 2 and 3pm, with games such as ringtones and best child dog handler, and the day will finish up with an 11.15 launch on competition for teams from the Scouts and a big of tea for the Museum & Café.

So come along and join the fun at Graylingwell Park on Saturday 12 July 10.30am for more details go to www.chichesterherald.co.uk



Food & Drink

Entrepreneurs put Europe's leftover food online



WOULD YOU eat a stranger's leftover lunch? Across Europe, apps and websites that distribute excess food are edging towards mainstream as both start-ups and charities join the sharing economy trend.

Last month an online for better regulation to police hygiene standards.

If you are hungry in Hungary, you could do a lot worse than tucking into one of *Urban Spacings*

delivers. When the 21-year-old student gets home from university, she spends her evenings creating spicy vegetable, making creamy potatoes or frying sweet potatoes.

She posts photos of her food on Popping, a new foodpost-based app, which allows her followers to request a portion for themselves.

"My biggest hobby in the world is to cook," she says.

"It's not the same if you don't

have someone to share your food with. And if you're made too much to eat by yourself then why not give it to someone else who wants it?"

Copying an enormous slice of half-gilded garlic or standing on their surplus supplies certainly won't be everyone's taste, but Hungary's venture into the food-sharing economy follows the rapid success of similar start-ups around Europe.

Greek company *Goodstart* began as a community to connect family cooks hoping to make some extra money with busy business people looking for an affordable lunch. In just six months it has attracted 40,000 members in Greece and the UK.

Other similar sites include *Shareyourmeal*, which has 40,000 home cooks in the Netherlands and 20,000 in the

rest of Europe - making food with leftovers from as far afield as Indonesia, Afghanistan, Japan and India - and *Leftovermap*, which started in the US last year and now has an expanding base in Europe.

Popping was founded by Youssef Khatib and is based in London. Khatib has worked in a restaurant and several Hungarian home cooking when he was in the army.

"I wanted to build an app to allow me to cook into my neighbours' kitchens and see what they are eating, what they are making, what's in their fridges and then make sure I'm not wasting food," he explains.

The start-up currently asks users to share meals free, although there are plans to allow users to sell their food to charities in future.

"Our data shows that only 10 per cent of people who share because they don't want to eat the same food every day or because they've got too much and want to share it about what they make. The others it's just about being social and having fun," says Mr Khatib.

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Times are subject to change and are approximate.

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Can you guess where this picture was taken within the Chichester area?

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Enter by 10.00pm on Wednesday 9th July 2014 at 11.00pm. The winner will be chosen by a random draw from the entries received. There is no cash alternative. A £150 meal for two people at Murrays every Friday. Entry is free. The prize is valid for use only on the day of the draw.



Cornwall parents spared school holiday fines



HO. CORNWALL PARENTS have been spared from taking their children on holiday during term time in the past academic year, amounting to minimal fines.

In neighbouring Devon nearly 300 fines were handed out in the same period.

Parents are banned from taking their children on breaks outside the traditional school holidays unless there are "exceptional circumstances".

Cornwall Council said it was up to heads to decide what was "exceptional" and whether fines should be issued.

David Lunn, of the Cornwall Association of Secondary Heads, said fines were "not an effective method" to deter parents without permission.

"A conversation would be held with parents that the absence would be unauthorised," he said.

"I want to work with them to discourage them from taking their children out of school during term time and don't believe an excessive fine, potentially for someone with good attendance, is a positive way forward."

Cornwall Council said it is a statutory "The authority has not

advised head teachers in Cornwall to avoid issuing fixed penalty fines."

"The decision on whether to grant leave of absence in term time is always made by the head teacher of each school."

It said absences in primary schools reduced from 34,000 half days in 2012 to 19,000 in 2013, and in secondary schools over the same period absences were cut from 14,000 half days to 10,000.

"That shows that more children are now attending school in Cornwall without the need to send grandparents parents."

The Department for Education said "Each local authority must consult with schools in its area to set the criteria for issuing penalty notices."

"Evidence shows allowing pupils to regularly miss school can be highly detrimental to a child's education."

"The most recent full-year figures show we are making progress, with 100,000 fewer pupils regularly missing school under the government."

Hotel Hippo under investigation



HotelHippo.com

TRAVEL NEEDS Hotel Hippo is being investigated by the information commissioner's office (ICO) for a lag on the website that potentially allowed hackers to steal data.

The security flaw was discovered by Scott Holmes, a consultant at security firm Pwntex, who found it while looking a hotel on the website.

A spokesman from the ICO said: "What appears to be a site that people were given a five digit code and that was included in the URL, so when you changed it you could look at other people's details."

Though Holmes informed Hotel Hippo of the lag, he claims it was not until the ICO started its investigation that the company took the problem seriously.

He said the flaws were severe enough that it could place the site in breach of PCI compliance, and also allow hackers to operate "an effective and non-invasive phishing scam".

"If I had to have to applied them for taking the affected areas of the site offline at that time, it shouldn't have taken so long before companies started taking responsible measures seriously," he added.

Hotel Hippo confirmed the website had been put on hold so that it could "take more urgent action to deal with a technical situation".

"Privacy of customer data is our prime concern, and we are committed to ensuring the safety," it added.

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Are you having enough...

I love them, I add them to my porridge every morning, chop them for the children's daily and quite frankly should have my own farm or have them at my house because in my household we hardly eat taste of them. What am I referring to? Courgettes!

Courgettes are the fourth most cultivated vegetable in the world and known to be one of the best foods for your body's overall health, often referred to as a super food. Courgettes are often agreed with preference to it as important to be healthy or even better, grow them yourself. If you really love courgettes, put them before water.

What are the benefits of courgettes?

They are a great (pink) red eye as they are a good source of Vitamin C. Put down your fairy dust and rubles and pour or eat courgettes as a daily treat. They are rich in fibre and boost your immune system because they are 95% water, keeping the body hydrated and helping the body



Denise Kelly
Naturopath & Herbalist

eliminate toxins while boosting most of the vitamins the body needs in a single day.

Courgettes can be used brilliantly for skin conditions and infections if you place a slice over puffy eyes, it has anti-inflammatory properties help reduce puffiness, give the skin and either in courgettes help to stimulate hair growth. Courgettes are also known to contain bromelain, potassium, and zinc. Courgettes have a strong history of research in connection with reduced risk of several cancer types, including breast cancer, ovarian



Cancer, stomach cancer and prostate cancer.

For bad breath, you can take a slice of courgette and press it to the roof of your mouth with your tongue for 30 seconds. The phytochemicals will kill the bacteria in your mouth responsible for causing bad breath. Another great tip to avoid a morning hangover or hangover is to eat a few courgettes slices before going to bed. Courgettes

Cool as a cucumber?

The term "cool as a cucumber" is actually derived from the cucumber's ability to cool the temperature of the blood. Also, when applied topically, cucumber really does cool the blood and even blood swelling, which is why cucumbers are so popular in facial regimens.

contain enough water, it soothes and detoxifies to replenish many essential nutrients, reducing the intensity of look longer and healthier.

Daily consumption of cucumbers can be regarded as a remedy for diabetic complications. It can also cure diabetes, reduce cholesterol and control blood pressure. Cucumbers possess a hormone which is needed by the cells of the pancreas for producing insulin, which has been found to be beneficial to diabetic patients. Cucumbers contain a compound called silymarin in cucumbers may help reduce cholesterol levels. Cucumbers contain a lot

of potassium, magnesium and fibre. These work effectively for regulating blood pressure and the main cucumbers good for lowering both low blood pressure and high blood pressure.

Cucumber is an excellent source of silica, which is known to help promote joint health by strengthening the connective tissues. They are also rich in vitamins A, B1, B6, C & D, Potassium, Magnesium, and Potassium. When mixed with warm water, they can relieve joint and arthritis pain by lowering the urea and levels.

So what's not to like about Cucumbers?

There is nothing more important than looking after your health to accomplish a thriving and vibrant life.

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Dr Feng Wang is an associate of the ACCM (Association of Traditional Chinese Medicine and Acupuncture UK). He has been practicing his profession over 10 years and has no other clinic in Chichester town centre.



Dr Feng Wang has been providing acupuncture and allied holistic therapies in London, Portsmouth and Chichester for over 5 years. Prior to this, having obtained his degree in Chengdu University of Traditional Chinese Medicine, he had practiced acupuncture and medical herbalism in China for 12 years.

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Pippa Middleton looks cool and chic in forties-inspired playsuit for laid back lunch

THE DAUGHTER OF CAMBRIDGE'S STYLESETTER showed off her fashion credentials once again in a summery outfit for lunch yesterday.

Pippa Middleton, 29, wore a flirty forties-inspired polka-dot playsuit which featured black cap sleeves, leg and waistline detailing.

Thirty Pippa needed the huge smile from 'Minkie's' AN' disco collection, pairing it with a sensible pair of gold flat pumps and a matching tote.

A similar style currently rules at Eton, on the 10th Street label website.

Pippa spent the day out with a friend in London before sitting down with her for some lunch in the sun.

The royal sibling, who was spotted enjoying the terrace from the Royal Box with her brother James last week, was modelling an air-dryer care for boy after



as she was spotted deep in conversation with her pal as they took their time over a bite to eat.

A water was seen bringing a tray of tasty drinks over to their table and the pair indulged in food and drink over their chat.

Part way through their meal Pippa put her shiny hair up into a low, understated ponytail.

The recently completed a marathon 5000-mile Race Across America bike challenge with her brother James for charity, and her sunny smile allowed Pippa to show off results of her hard work.

Her arms looked toned to perfection, with well-defined shoulders and biceps clearly showing as she clasped her hands.

Fashion & Lifestyle

Conflict over who is going to drive causing couples in the South East to argue

DISCORD who's going to drive on an evening out can be a contentious issue with some couples resulting in a row. Couples in the South East, while far less in the light of the current economy.

Our anonymous specialist Edward surveyed South East couples to find out who does the driving in their relationship. It found that for some couples the question about who will drive on an evening out is a particularly tricky, with plans often going awry.

15% said they and their partner rarely stick to a plan about who's going to drive on a night out where alcohol is involved.

15% and their partner had offered to drive but then had a drink and they had to drive home instead. 15% said they have had to leave their car behind as both they and their partner ended up having a drink despite one of them saying they would drive home.

Edward, managing director, The Loughran and 'the top relationship there are going to be

issues which cause disagreements and for some couples drinking who will drive is a discipline of force. Our research shows negotiating who will drive when going out for the evening is causing a lot of couples to argue, with 15% of couples in the South East saying it has caused them to argue with their partner and 15% saying an evening had been ruined by it.

However people who do not argue don't argue as much as couples in the rest of the UK about who is going to drive, where 15% said it had caused an argument but they are less generous than couples elsewhere in the country when it comes to picking up their partner if they are out with their own friends for the evening. Only 15% of couples here said they do that, compared with 15% in the UK as a whole.

So Loughran commented: "A lot of the couples we surveyed and they split the driving evenly, which is surely the fairest way, and the best way to prevent arguments."



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A detached three-unit townhouse is situated in a desirable, gated development approx. 300 yards from the golf course and beach. This well-grounded property including its parking, clubhouse, swimming pool area, kitchen with utility area, master bedroom with en-suite master's closet, further bedrooms, full bathroom, finished basement, forcing new garage, designated parking area and visitor parking. SPC Rating: C

For more information, contact Coldwell Banker's Estate Agents on 01243 267026 www.coldwellbanker.co.uk or us





www.gilbertandcleveland.co.uk

Bognor Regis - Chichester - Felpham - Pagham - Selsey



Northview Road, Pagham

£215,000

Detached house "Living Room " Dining Room " Breakfast Room " Fitted Kitchen " Customer will be " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B

This detached family house is located in a popular residential area in Pagham having five bedrooms that pace by that gives you the best of everything and the best of both worlds. The house is in a very desirable location where you are close to the beach and the town of Pagham. The house is in a very desirable location where you are close to the beach and the town of Pagham.

This detached family house offers a superb opportunity to live in a superb location in the heart of Pagham. The house is in a very desirable location where you are close to the beach and the town of Pagham. The house is in a very desirable location where you are close to the beach and the town of Pagham.

A viewing is highly recommended to appreciate the size and scope of the property and the views on offer.



Wall Road, Pagham

£255,000

Excellent Detached House " Living Room " Dining Room " Fitted Kitchen " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B



See Grove, Selsey

£350,000

Rare opportunity to acquire a three bedroom semi-detached house in a prime location in Selsey. The house is in a very desirable location where you are close to the beach and the town of Selsey. The house is in a very desirable location where you are close to the beach and the town of Selsey.



Ranch Gardens, Selsey

£475,000

Charming Detached Cottage Style Property " Seven Day Seven Bed " First Floor " Large Kitchen " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B



Blackthorn Avenue, Felpham

£310,000

Excellent Detached House " Living Room " Dining Room " Fitted Kitchen " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B



Ambleside Close, Felpham

£240,500

Excellent Detached House " Living Room " Dining Room " Fitted Kitchen " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B



Mortons Avenue, Bognor Regis

£250,000

Excellent Detached House " Living Room " Dining Room " Fitted Kitchen " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B



Martborough Court, Bognor Regis

£280,000

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Melham Croft, Fordwale

£195,000

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St Agnes Place, Chichester

£215,000

Excellent Detached House " Living Room " Dining Room " Fitted Kitchen " Bath " Double Bedroom " Family Bedroom with Fitted Wardrobe " Gas First Central Heating " Double Garage " Approximate 1000 sq ft " South " Excellent Location for Sea " Local Facilities of Shops, Beach & Bus Stop " EPC Rating B

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**ALDWICK****£457,500**

A well presented detached house situated in a private estate, some 200 yards from the access gate to the private beach. This lovely modern house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: D

**ALDWICK****£850,000**

Stunning house situated in the heart of the Aldwick estate, this modern house has a double garage, a paved driveway, and a garden. The house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: D

**ORADWELL PRIVATE ESTATE £775,000**

Well presented modern detached house situated in a private estate, some 200 yards from the access gate to the private beach. This lovely modern house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: D

**ALDWICK****£650,000**

A Cheshire house situated in a private estate, this house has a double garage, a paved driveway, and a garden. The house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: F

**ALDWICK****£125,000**

A detached house situated in the heart of the Aldwick estate, this house has a double garage, a paved driveway, and a garden. The house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: D

**ORADWELL PRIVATE ESTATE****£685,000**

A detached house situated in the heart of the Aldwick estate, this house has a double garage, a paved driveway, and a garden. The house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: D

**WYRTIMBER****£220,000**

A detached house situated in the heart of the Aldwick estate, this house has a double garage, a paved driveway, and a garden. The house has a lounge, dining room, kitchen, and fitted kitchen/breakfast room, utility room, master bedroom with an en suite shower room, guest suite with an en suite shower room, third bedroom, fourth bedroom, family bathroom, integral double garage and well landscaped gardens. EPC Rating: D

BROOK GARDENS AND WILLIAM'S GATE LAUNCHING THIS WEEKEND



Brook Gardens is an exquisite collection of just forty brand new 2, 3 & 4 bedroom detached homes in Barnham. With easy access to Chichester, Bognor and picturesque Arundel, Barnham offers the peace and tranquility of village living whilst also benefiting from the ease of city life.

William's Gate is an exclusive development of just 40 privately owned 3 & 4 bedroom detached homes in Felpham, West Sussex. Tucked away on the edge of Bognor Regis golf club, William's Gate offers semi-rural living whilst benefiting from being just a few miles from Bognor Regis and less than 10 miles from Chichester.

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Sport

Sofball

Zombies get punished by Falcons

Chichester Falcons 22
Portsmouth 10

CHICHESTER **FALCONS** SOFTBALL CLUB took up another win against Portsmouth Zombies last Sunday, along their season, to 3 for 4 in the latest Softball League.

Third and first basemen Emma Evans and Lucy Wilson set the tone by making fast scoring runs to put the Falcons 1 up in two innings, punishing the first game of the season, whilst not the Zombies before commencing an RBI double to enter final. Sam McGowan in left field was typically astute, and was able to pan several low drives back to his mitt to limit the Zombies to 3 runs in the second, but the Falcons were missing with no already on the board.

Emma Sparrow, introduced at centre right, put on base from left whilst Matt Ferguson stole the show, making a further fourth inning ends at second base and



Chichester Falcons Softball Club would welcome new interested people

batting 4 for 5. Jessica Pridemore and catcher Kelly Middle both slammed an impressive 100% OBP, leaving shortstop David Morris and rightfielder Ray Woodhead in both but bases run in the fifth to put the game beyond the Zombies' reach at 22-4.

Meanwhile the Falcons' youth softball club has been taking shape during weekly sessions at Dillshade Park. Following several secondary

school senior seasons, the equal in steady incident in the youngsters have their softball skills led by a handful of Falcons coaches. Boys and girls of ages 12-16 are welcome to join in with the fledgling softballs in the Monday night sessions continue into the summer.

Anyone who wants to try softball and join the Falcons can email chichesterfalcons@gmail.com or visit www.chichesterfalcons.com

Golf

Golf At Goodwood's professionals are giving something back...

ON SUNDAY 19 JULY, Golf At Goodwood's PGA Professionals will be supporting active local clubs across the Chichester District at Ferry Park, Chichester. Headed by Ryan Fennell, and joined by double Olympic gold medalist Sarah Ayres, they aim to introduce the wonderful game of golf to all children, and families in a fun and relaxed environment.

Golf At Goodwood's junior programme has recently been awarded an 'Outstanding' by Golf UK Open Champion Justin Rose, making Golf At Goodwood the ideal venue to introduce golf to our youth. There is a wide range of activities and facilities on offer from the course

range, junior events and even group clinics. There's now been a better time to get involved with Golf At Goodwood, as make new you make yourself available on Sunday 19 July.

It's currently a glowing period for Golf At Goodwood, with four popular 'Get Into Golf' membership programmes and both courses in immaculate condition. The commitment to make golf accessible to everyone and anyone that is keen to get involved and families with their unique view: Golf Is The Future.

So, clear your diaries and prepare for the fun, packed event on Sunday 19 July.



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